

# Living your E ssence Packages

## Freedom - \$725/Month

Includes:

- 24 – One hour weekly personal coaching sessions –  
**\$4800 Value**
- 6 months of e-mail support
- BuzZen Box - **\$399 Value**
- Monthly Payment Option
- 6 Month Membership in Essence Process Inner Circle - **\$580 Value**

## Strength - \$1997

Includes:

- 12 – 45 minute personal coaching sessions (two per month)  
**\$1800 Value**
- 6 months of e-mail support
- BuzZen Box - **\$399 Value**
- 6 Month Membership in Essence Process Inner Circle = **\$580 Value**

## Alignment - \$997

Includes:

- 6 – 45 minute personal coaching sessions (one per month)  
**\$900 Value**
- 6 months of e-mail support
- BuzZen Box - **\$399 Value**
- 6 Month Membership in Essence Process Inner Circle - **\$580 Value**